



SPORTS SECTION

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PRESS NOTE

Subject: Final Selection Trials for Goa University Weightlifting Men's and Women's Teams for Inter-University Championship 2026-27

Goa University will participate in the West Zone Inter-University Weightlifting Men's and Women's Championship 2026-27, scheduled to be held at Shri Govind Guru University, Godhra, Gujarat, on 27th and 28th October 2026.

In preparation for the above championship, Goa University will conduct Final Selection Trials for the selection of its Weightlifting Men's and Women's Teams on 10th October 2026 at 10:00 a.m. at Silver Jubilee Hall, Goa University.

Men's Selection

For the Men's Team, the Gold and Silver Medalists in each weight category of the Goa University Inter-Collegiate Weightlifting Championship 2026 are required to attend the selection trials.

In addition, eligible student-athletes who could not participate or perform well in the Inter-Collegiate Weightlifting Championship due to various reasons and wish to be considered for selection may also appear for the trials, subject to fulfilling the prescribed eligibility requirements.

Women's Open Selection

The selection trials for the Women's Team will be conducted on an open-selection basis.

Accordingly, all eligible women student-athletes who wish to be considered for selection to the Goa University Women's Weightlifting Team may participate in the trials.

All participating student-athletes are required to report at the venue by 9:30 a.m. on 10th October 2026.

Weight Categories

- **Men:** 60 kg, 65 kg, 71 kg, 79 kg, 88 kg, 94 kg, 110 kg and +110 kg
- **Women:** 48 kg, 53 kg, 58 kg, 63 kg, 69 kg, 77 kg, 86 kg and +86 kg

Selection Criteria

The final selection criteria and procedure for the Goa University Weightlifting Men's and Women's Teams shall be as per the decision of the Sports Council, Goa University. The selection criteria and procedure will be communicated to the participating student-athletes at the time of reporting on 10th October 2026.

The final team composition shall be based on the prescribed selection criteria, performance in the selection trials, eligibility requirements and other applicable rules governing participation in the Inter-University Championship.

Documents Required

All student-athletes attending the selection trials are required to bring the following documents:

Copy of 10th Certificate, copy of 10+2 Certificate, all marksheets of College/University (semester-wise), Bonafide Student Certificate, Admission Confirmation Certificate, Aadhaar Card or approved identity proof, recent passport-size photographs, Migration Certificate (if applicable), Passport and Visa documents for foreign students, Copy of ABC ID, Copy of Birth Certificate and Medical Fitness Certificate.

All eligible student-athletes are advised to report on time and attend the selection trials in appropriate sports attire.

Date: 06/10/2026



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